Asthma Attack - Mia Bella Pediatrics People with a family history of allergies or asthma are more prone to asthma attacks. Asthma is a chronic disease that affects many people. The condition can be managed with medication and lifestyle changes. A child who is having an asthma attack should follow these steps:

1. Call for emergency services if the child is having difficulty breathing, is vomiting, or has a fever.
2. Stay calm and help the child stay calm.
3. Give the child a short-acting fast-acting bronchodilator (an inhaled rescue inhaler) to open up the airways.
4. If the child is over 6 years old, give cough drops to help a tickly cough.

If the child is not feeling better after using the rescue inhaler, follow these additional steps:

5. Breathe in slowly until the lungs are full. Step 6. Hold a deep breath for 10 seconds. Allow the medicine to work deep in the lungs.
6. If the child is over 6 years old, give cough drops to help a tickly cough.

If the child is not feeling better after using the rescue inhaler and cough drops, follow these additional steps:

7. Call for emergency services if the child is having difficulty breathing, is vomiting, or has a fever.
8. Stay calm and help the child stay calm.
9. Give the child a short-acting fast-acting bronchodilator (an inhaled rescue inhaler) to open up the airways.
10. If the child is over 6 years old, give cough drops to help a tickly cough.

If the child is not feeling better after using the rescue inhaler and cough drops, seek medical attention.

The information provided is intended for educational purposes only and should not be used as a substitute for professional medical advice. Always consult a healthcare provider for advice on your specific situation.
According to the American College of Allergy, Asthma, and Immunology, 26 million If you have asthma, certain triggers can cause the muscles in your airways to tighten. It’s possible that magnesium may help stop an asthma attack by: 10 Foods High in Magnesium. Asthma Symptoms, Diagnosis, Management & Treatment AAAAI 1 Mar 2017 - 12 secEpub What Your Doctor May Not Tell You About(TM) Children’s Allergies and Asthma. Asthma Attack - Physicians to Children Your child is having an asthma attack Use this guide only if a doctor has told you your child has asthma. Asthma attacks caused by food allergy can be life-threatening (anaphylaxis). 24 hours You think your child needs to be seen, but the problem is not urgent If over 6 years old, cough drops may help a tickly cough. Asthma Attack Salem, MA Pediatric Associates of Greater Salem What Your Doctor May Not Tell You About(TM) Children’s Allergies and Asthma: Simple Steps to Help Stop Attacks and Improve Your Child’s Health [Paul. Asthma Attack Stoughton, MA Tri-County Pediatric Associates Is Your Child Sick? TM. Your child is having an asthma attack Use this guide only if a doctor has told you your child has asthma. Asthma attacks caused by food allergy can be life-threatening (anaphylaxis).