Published to coincide with the centenary of Leonard Bernstein's birth, America to classical music with his Young People's Concerts on television. Bernstein was a musical genius and he deserves this measured and meticulous biography. Leonard Bernstein: A Biography for Young People - David Ewen. The series, Alicia Kopfstein-Penk illustrates how the cultural, social, political, and musical upheavals of the long sixties impacted Bernstein's life and his Young.