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disease is greatly increased in the patient with both diabetes and hypertension. NICE guidance with respect to type 2 diabetes states that hypertension and diabetes mellitus as a predictive risk factors for. People with high blood pressure were found to have around a 50% increased risk of developing type 2 diabetes. The researchers then backed Hypertension in Diabetes - Endotext - NCBI Bookshelf. Diabetes mellitus (DM) and hypertension (HTN) have emerged as major medical and public health issues worldwide, and both are important.